

# CREATING A COVID19 SECURE AREA



## Wreake Academy Front Field

### OVERVIEW

#### Refer to risk assessment for full information

*Resuming club activity will always carry a degree of risk associated with transmission of Covid-19. The risk cannot be eliminated unless we decide not to resume activity until there is an effective vaccine or cure, or the disease is eliminated from the UK. As a club we need to consider what the key generic, operational and site specific risks are and how we can mitigate these risks by specific actions you take. The law does not expect us to eliminate all risk, but we are required to protect people as far as “reasonably practicable”*

- ALL athletes/ Coaches who attend must ensure that prior to attending each session they conduct a self-pre-activity health assessment. *Details of this are below. If there any doubts. Do not attend.*
- In the event of illness all immediate contacts will be forwarded to UKGov track and trace.
- Groups shall be limited to 12 plus coach
- Athletes should only arrive at their allotted time slot
- Belongings (bags/coats etc) must be kept 2 metres from others. Labelling or use of an easily identified bag is recommended
- Social distancing will be adhered to by all involved or attending the facility.
- Sanitiser will be used upon entrance and exit to the facility
- Separate entrance and exit
- Restrictions on parents or family members entering the facility
- The use of toilets in absolute emergency only
- Cleaning of toilet after use and capture data of the user. This is a requirement of the Academy.
- No parking on access road or on the grass verge. This will be reserved for accompanying family members
- Signage will be displayed accordingly with the above
- Coaches only will have contact with equipment
- No relays

#### The main symptoms of coronavirus (COVID-19) are:

- A high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- A new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- A loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

#### OTHER INFORMATION

##### STAY UP-TO-DATE

- Check all guidance that has been published, especially concerning social distancing and hygiene and any athletic specific guidance.
- Be aware guidance can change quickly and more restrictive rules may be applied in the future, so please refer to the England Athletics website regularly.
- Athletics and Running activity can now take place in unlimited numbers as long as it is within a COVID secure environment. Where a Covid secure environment is not in place groups will need to be either 2 household units or a maximum of 6.
- It is recommended that a time buffer is built in between sessions to enable social distancing and cleaning.
- Check directly with your Athletics Club, coach or leader on their policy for club, coach or leader activity. Outdoor track and field facilities should only open at the discretion and with the consent of

the facility owner, provider or contractor.

Before leaving home

- Follow all hygiene guidance including washing your hands.
- Ensure that all arrangements have been made prior to leaving home so that any government advice on social distancing, as an example, can be maintained at any facility. This may mean prior coordination of activities with the club, facility management or your coach or leader.
- At this point in time only outdoor facilities may be used – see our Guidance for Athletics Venues document for further guidance.
- Athletes and runners should ensure they are prepared and have planned for circumstances where injuries or other accidents occur, and they have mitigating procedures and plans in place to resolve the issue while maintaining all government guidance.
- Ensure you have enough food and hydration for the session.

The above follows the guidance issued by England Athletics:

Key requirements for a COVID19 Secure environment

1. Covid-19 Officer is in place
2. A venue/ environment must develop a COVID19 action plan and risk assessment
3. All activity must comply with Government guidance around social distancing before, during or activity.
4. All clubs and coaches must capture pre-activity health questionnaires, including participant contact details which can be shared upon request with the government's Test and Trace initiative
5. Clubs, coaches and event managers must ensure everyone at the session maintains good hygiene and that provisions are in place to allow for this
6. Sessions that include children and young people under the age of 18 should be more meticulously planned to ensure their needs are catered for