

RISK ASSESSMENT TO CREATE A COVID19 SECURE AREA.

HAZARDS	Who might be harmed?	Settings (physical settings & activities)	Mitigations
Lack of awareness around Covid-19 risk factors and key government/ England Athletics/ local guidance for limiting the spread/ transmission of the disease	Individuals or groups: athletes/ runners/parents/ coaches/other volunteers	All settings/ activities	Communications with all members/parents prior to accessing club activities – updated protocols and measures implemented. Communication/guidance for key club officers and volunteers to help with compliance. On site signage to re-enforce key messages and protocols for social distancing, hygiene and hand washing/sanitising. This information should also be understandable to small children where necessary.
Catching/Spreading transmission of Covid-19 through contact with disease on a surface	As above	Equipment, fencing, contact with other people's property.	Hand sanitising facilities are to be provided at the entrance/exit points to the training facility. All persons are to sanitise their hands on entering and leaving the site. This will be provided at the entrance gate and exit gate and will be manned. Outdoor equipment should not be used unless it can be ensured that appropriate cleaning takes place. Groups should not use equipment at the same time. Coaches only will touch equipment ensuring that they sanitise immediately afterwards. All relevant equipment should be sanitised before use and/or before being used by groups at a later time. Any unnecessary items are to be removed as far as is reasonably

			<p>practicable, to minimise unnecessary contact.</p> <p>Parking will only be available at the Wreake Academy or on street parking hence reducing close quarter parking.</p>
As above	As above		<p>Parents will be informed to ensure that their child has their own water bottle, hand sanitiser, sun cream and any necessary medication (e.g. inhaler). All items belonging to their child should be labelled with their name and should not be used by anyone else.</p>
As above (Continued)	As above	Access to buildings i.e. changing/ toilets/first aid etc	<p>The college will be closed to all visitors hence no toilets will be available. Portaloos will be provided for use in total emergency only. In the instance of the toilets being used the facility must be thoroughly cleaned by the user or parent/family member thereof. Contact details will be recorded.</p>
As above (Continued)	As above	First aid and dealing with minor injuries	<p>Two fully equipped first aid bags will be available. Sealed single use masks and surgical gloves will be available in each bag. For very minor injuries an athlete/parent could apply (for example) a plaster.</p>
		Urgent medical emergencies	<p>Social distancing should be observed unless a life threatening, or serious injury necessitates compromising guidelines to provide emergency care.</p> <p>The protocols of resuscitation (No mouth to mouth) will be</p>

			highlighted to all coaches/volunteers.
As above			The proposed collection of training fees will be set in abeyance to restrict the potential of the spread of disease through exchanging cash.
Ensuring social distancing	As above	All settings	Athletes will be given times to arrive and information regarding warming up and cooling down. Parents will be discouraged from entering the training area. A designated area opposite the training facility will be notified.
Poor hygiene and exercise-induced cough	As above	All settings	Follow good personal hygiene measures at all times. Wash hands thoroughly and regularly including prior to attending the training facility. Use soap and water for at least 20 seconds. Use alcohol-based hand sanitiser on-site or prior if no soap is available. Avoid touching your face/eyes/mouth/nose with unwashed and cover your cough or sneeze with a tissue then throw it in the bin or place in a sealed bag to dispose of later. Strenuous exercise increases the risk of cough which could increase risk of airborne transmission. If tissues are not available, cough or sneeze into the crook of your elbow, not into your hands. Use hand sanitiser immediately. Coaches will use regular verbal reminders to follow hygiene protocols.

Mental welfare of young athletes			The period of lockdown may have caused some children to become anxious or unsure about resuming activity. The club will only support their return to training when they and their parents/carers feel confident for them to do so. Clubs should offer to speak to parents of children about potential issues if needed and make gradual introductions if needed, particularly when needing to incorporate new protective measures
Care when entering and exiting the facility (Wreake Academy) across the Gym access road.	As above	Wreake academy training field	The gym will at some stage be open and hence traffic will be entering and leaving via the access road. A volunteer will be made available at the entrance and exit to ensure safe carriage to the footpath
Emergency procedures and evacuations		As above	The risk of needing to evacuate the training facility is very remote. Adequate space is available for a safe and ordered socially distanced evacuation.
Registration/end of training sessions or change over between groups		As above	Athletes will be given a time slot for their session. Athletes will arrive 15 minutes early to warm up in the designated area. This area will also be used for cooling down and stretching. There is also sufficient space outside of the facility for those either not needing or under parental guidance. Athlete groups will join their coach only after the

			previous group have vacated the area.
Welfare and Safeguarding of young athletes	Insufficient coaches volunteers		In the event of there being insufficient coaches to take sessions, athletes would be allocated to different groups or if this caused an exceeding of numbers their session will be cancelled.
Spreading / transmission of COVID-19 through air borne transmission of the disease by an infected person	Individuals or groups: athletes/ runners/parents/ coaches/other volunteers	All settings	See above re arrival/departure/training environment. Training areas will provided sufficient room for social distancing.